

ADMINISTRATIVE REGULATION
Placentia-Yorba Linda Unified School District

Instruction

6141.43 - AR

INDEPENDENT STUDY – PHYSICAL EDUCATION

A. Purpose

To provide procedures for administering credit for private instruction in physical education

B. General

1. “Independent study is an alternative to classroom instruction consistent with the PYLUSD’s course of study and is not an alternative curriculum. It provides individual students with a choice of ways to acquire the values, skills, and knowledge all students should gain as verified in a written agreement.” *California Department of Education*
2. A program of Independent Study – Physical Education shall be based on the individual needs of a student as specified in an Individual Plan (Exhibit B) and Contract (Exhibit C) which are aligned with the *California Physical Education Standards* (attached).
3. The Individual PE Plan, which shall be developed by the parent(s) or guardian(s), instructors/coaches, and student, shall include:
 - a. Evidence that the student is engaged in a preparation program for regional, state, national, or Olympic-level competition.
 - b. Evidence that the student competes at a high level as indicated by rankings and/or level of competition for which the student has qualified to compete. (Exhibit A)
 - c. A statement outlining the student’s reasons for requesting Independent Study – Physical Education.
 - d. A statement of the student’s midyear goals, which are aligned with the *California Physical Education Standards*.
 - e. A statement of year-end goals, which are aligned with the *California Physical Education Standards*.
 - f. A statement listing the daily activities by which the student will achieve the listed goals.
 - g. The name, title, and qualifications of the coach, trained specialist, or instructor who will provide instruction.
4. The Assistant Superintendent of Educational Services or their designee is responsible for the Independent Study – Physical Education Program.
5. The school shall maintain an Independent Study Physical Education file for each student in the program. That file shall include, but not be limited to, the following:
 - a. A copy of all contracts or agreements pertaining to the student

b. Completed Activity Logs and Performance Evaluation Reports

6. Complete applications must be submitted to the school by June 1st including all supporting documents. Incomplete packets will not be accepted. Newly enrolled students may submit applications during their registration appointment. No midyear applications will be accepted. *The only exception being students enrolled in the Universal Sports Institute at Parkview School.
7. Students enrolled in Grades 5, 7 and 9 must participate in the California Physical Fitness Performance Test at the time designated by their school.

C. Requirements

1. This program applies to students in grades 6-12 who have demonstrated a level of expertise that places the student on at least a regional, state, national or Olympic track within the last 12 months*. Verification of the applicant's abilities or achievements is required. (See Exhibit A for qualifying programs.) *The only exception being students enrolled in the Universal Sports Institute at Parkview School.
2. The maximum length of the Contract for this program shall be for one (1) school year and must be renewed annually.
3. An Individual PE Plan must be completed, and all signatures must be obtained before participating in an Independent Physical Education Program.
4. All conditions of the Contract must be completed before a pass or fail grade and credit for the program may be issued.
5. Private instruction in physical education will be scheduled after the last period of the student's day or before the student's scheduled classes begin.
6. Students participating in this program shall spend a minimum of 10 hours per week in physical training (excluding competition or performances) for a period of time of not less than 18 weeks per semester (a total of 180 hours per semester).
7. Students in grades 6-8 participating in this program may earn one semester of physical education "credit" per semester.
8. High school students participating in this program may earn 5 units of graduation credit for physical education per semester. A maximum of 20 credits may be earned through private instruction through physical education. *The only exception being students enrolled in the Universal Sports Institute at Parkview School.
9. A grade of pass or fail shall be issued by the principal's designee and shall be based upon an evaluation of the information supplied by the student's coach, instructor or trained specialist.
10. Students may not take Independent Study Physical Education and regular physical education simultaneously.
11. Students participating in this program must maintain a record of no less than a 2.0 overall unweighted grade point average (GPA).

12. Failure on the part of the student, parents, coach or instructor to meet any terms of the Contract or the student's Individual Plan may result in the forfeiture of the privilege of the program.
13. Instruction/practice must take place in a licensed facility under direct supervision of a credentialed or otherwise qualified instructor. (Exhibit D)
14. The instructor must submit Activity Logs verifying instruction and a Performance Evaluation Report quarterly. (Exhibit E)
15. Parents/guardians must sign a Release of Liability allowing students to leave campus. The parents/guardians assume full responsibility and liability for the transportation and safety while the student is off campus participating in the approved activity.

D. Procedures for Independent Study Physical Education Plan

1. Individual Plan for Independent Study – Physical Education (Exhibit B)
 - a. Student shall obtain forms for the plan from the school principal or designee.
 - b. Student, parent or guardian and coach, instructor or trained specialist shall complete all sections of the plan.
 - c. The Individual PE Plan shall be presented to the principal or designee for signature at or before the beginning of the school year or upon enrollment in the Universal Sports Institute at Parkview School.
 - d. The principal or designee shall communicate information regarding acceptance or denial to the applicant.
 - e. The student's school class schedule shall be adjusted appropriately.
 - f. The accepted student shall begin the program and complete all requirements.
 - g. One (1) copy of the plan shall be retained by the parent/student; one (1) copy shall be retained in the principal's or designee's office.
2. Contract/Release of Liability and Waiver of Claims (Exhibit C)
 - a. Student, parent or guardian, and coach, instructor, or trained specialist shall read and sign the Contract.
 - b. Parent(s) shall read and sign Release of Liability and Waiver of Claims.
 - c. Contract shall be presented to the school principal or designee for approval or denial and signature.
 - d. One (1) copy of the Contract shall be retained by the parent/guardian, and one (1) copy shall be retained in the principal's or designee's office.
3. Activity Log (Exhibit D)
 - a. The log shall be maintained by the coach.

- b. The log shall accurately reflect the student's daily activities.
- c. The log shall accurately reflect the student's daily attendance record.
- d. The log shall accurately reflect the number of hours the student is involved in work-out or practice daily.
- e. The log shall be reviewed for accuracy and authenticity by the coach or instructor prior to signature.
- f. The log shall not be signed by any person other than the coach or instructor approved in the Contract.
- g. The log shall be submitted to the principal's designee at the end of each grading period.
- h. The log must indicate midyear and year-end goals aligned with the *California Physical Education Standards*.
- i. Failure to complete and submit the log may result in a forfeiture of the privilege of the program.
- j. One (1) copy of each of the log sheets submitted shall be retained by the coach or instructor and parent/student.

4. Attendance

- a. The student's attendance in the school shall not be affected by this program.
- b. The student shall have daily attendance in the approved program unless excused for reason accepted by the school for excused absences.
- c. The student's daily attendance in the program shall be verified by the coach's or instructor's signature on the Activity Log.

5. Performance Evaluation Report (Exhibit E)

Students shall be evaluated each quarterly grading period.

- a. The evaluation and grade assignment shall be recommended by the coach, instructor or trained specialist and approved by the principal or designee.
- b. The evaluator shall use the following as a basis for evaluation:
 - i. Activity Log
 - ii. Performance Evaluation Report
- c. The required Performance Evaluation Report must be submitted to the principal or designee five days prior to the end of each grading period.
- d. Students will be assigned a grade of pass or fail based upon the items enumerated in the Performance Evaluation Report and the Activity Log.
- e. The school registrar or clerk will post the grade on the student's permanent record card.

E. Approved by:

<u>Olivia Yaung</u>	<u>4/1/25</u>
Responsible Head	Date

<u>Dr. Allan Mucerino</u>	<u>4/1/25</u>
Superintendent	Date

PLACENTIA – YORBA LINDA UNIFIED SCHOOL DISTRICT

INDEPENDENT STUDY – PHYSICAL EDUCATION

REQUIREMENTS FOR INDEPENDENT PHYSICAL EDUCATION

Middle School

A student in grades 6-8 may earn one semester of physical education “credit” per semester. This credit is awarded on a pass/fail basis (grade will not be included in the student’s cumulative GPA). Qualifying students must meet the following conditions at the time of submission:

- Students must pass the California Physical Fitness Test (FITNESSGRAM) prior to applying for Independent Study Physical Education. Passing the FITNESSGRAM is defined as passing 5 of the 6 fitness areas which include (1) Aerobic Capacity, (2) Body Composition, (3) Abdominal Strength and Endurance, (4) Trunk Extensor Strength and Flexibility, (5) Upper Body Strength & Endurance, and (6) Flexibility. The California Physical Fitness Test is administered in Grades 5, 7 and 9.
- For Team Sports, all the criteria listed below must be met:
 - Membership has been earned through a competitive tryout
 - The team’s practice schedule is similar to the schedule of a high school sport team in season
 - The team’s typical schedule is comprised of multiple (minimum three per season) interstate competitions during the school year, and at least one of those is out of state **or** the team has earned the right competitively to participate in national level tournaments for the past two consecutive years
 - The team is currently, or has been in the past 2 years, ranked in the top 20 by an official California governing body or in the top 200 by an official National sports governing body
- For Individual Sports, the student is currently competing at the national or Olympic level as determined by national athletic governing bodies.

High School

A student in grades 9-12 is eligible for a maximum of 20 units (two years) of physical education credit via private instruction. This credit is awarded on a pass/fail basis (grade will not be included in the student’s cumulative GPA). Qualifying students will meet the following conditions at the time of submission:

- Students must pass the California Physical Fitness Test (FITNESSGRAM) prior to applying for Independent Study Physical Education. Passing the FITNESSGRAM is defined as passing 5 of the 6 fitness areas which include (1) Aerobic Capacity, (2) Body Composition, (3) Abdominal Strength and Endurance, (4) Trunk Extensor Strength and Flexibility, (5) Upper Body Strength & Endurance, and (6) Flexibility. The California Physical Fitness Test is administered in grades 5, 7 and 9.
- Independent Study Physical Education Applications are not granted if the sport is currently offered at the high school of enrollment.

- For permissible Team Sports, all the criteria listed below must be met:
 - Membership has been earned through a competitive tryout
 - If the team's practice schedule is similar to the schedule of a high school sport team in season
 - The team's typical schedule consists of multiple (minimum three per season) interstate competitions during the school year, and at least one of those is out of state **or** if the team has earned the right competitively to participate in national level tournaments for the past two consecutive years.

For permissible Individual Sports, the student is currently competing at the regional, state, national or Olympic level as determined by national athletic governing bodies.

Students who compete in events sanctioned by the United States Special Olympics or Paralympics governing bodies will be considered for approval based on level of achievement in their respective sport that is commensurate with the competitive levels outlined in this administrative regulation.

Upon completion of annual paperwork according to stated timelines, up to five units of credit may be awarded for 18 weeks of scheduled activity.

Physical education credit via private instruction requires pre-approval by the principal or designee. If approved, the student shall be eligible for one fewer class than is the norm for the grade level.

It is the responsibility of the student to provide appropriate documentation including confirmation of ranking, if applicable, schedule of competitions, and required hours of supervised practice under a qualified instructor. All other requirements of PYLUSD Board Policy and Administrative Regulations regarding Independent Study-Physical Education shall apply.

Parents agree to supervise their student during the time they would have been in a PE class. A shortened day is to be expected, not allowing for an additional course in the normal school day. Appeals of school decisions on acceptance of an Independent Study PE application can be made through the office of the Educational Services Department. Appeals should be placed within seven days of the school decision and include supporting documentation. A District Study Team will consider appeals and their decision will be final.

Below is a non-exhaustive list of state, regional, and/or national governing bodies of various sports and the expected ranking and/or competition level for that sport needed to be eligible for Independent PE. These organizations may revise their rankings and competition structure or titles subsequent to the publishing of this document; in those cases, the application shall demonstrate that the student performs at or above the level listed below via equivalency tables and/or publications from that governing body. Note: It is the responsibility of the applicant to provide all ranking documentation to justify the qualification.

Should a student seek to apply for Independent Study PE for a sport not listed, the expectation is that their ranking and/or competition level be of the same caliber as those listed below as demonstrated by supplementary documentation provided by the applicant.

- **Badminton:** Results posted by USA Badminton for USAB junior rankings at <http://www.teamusa.org/usabadminton>
- **BMX Bicycle Racing:** Currently ranked in the top 20 riders within their age group prior to the State Championship race. Alternately, having achieved a top 20 ranking in the prior year State Championship. Or Currently ranked in the top 20 riders within their age group prior to the Gold Cup

Southwestern Championship race. Alternately, having achieved a top 20 ranking in the prior year Gold Cup Southwestern Championship or currently ranked in the top 15% of all riders in the same age group participating in the USA-BMX National Championship (late November). Alternately, having achieved a top 15% national age group ranking in the prior year USA-BMX National Championship.

Note: Riders compete at the age they are - at that particular event, for example a rider with a Nov 8th, 2012 birthday will compete as an 11 year-old in the State and Regional championship, and as a 12 year-old in the National Championship in that same year.

USA-BMX is the sanctioning body for all races in the US including local, state, regional and national levels. <http://www.usabmx.com>

- **Cheer:** The student must have had his/her all-star team compete and place in the top 5 at nationals and/or world's finals in the level 5 divisions (level 5 restricted divisions will not be accepted), at a nationally recognized competition within the past 12 months prior to District application. The "top 5" is defined as placing first through fifth place, not top five percent, of competitions. No regional or invitational competitions will be accepted. Companies that provide partial bids, and paid bids to the world championships, such as but not limited to, United Spirit Association "USA", National Cheerleaders Association "NCA", Golden State Spirit Association "GSSA", and Universal Cheerleaders Association "UCA" would qualify. Verification of that placement must be on the sponsoring competition letterhead to document placement and competition date and location. Additional certification from the all-star gym where the student competed as a level 5 athlete will also be needed.
- **Classical Ballet:** Ballet students are not typically approved. However, utilizing the appeal process, elite classical ballet students can be considered at the district level. Elite status will be determined by an invitation to audition and acceptance to a nationally recognized elite summer intensive program that is different from the dancer's regular studio and continued enrollment in a program utilizing nationally recognized curriculum. Evidence will include the invitation and acceptance letter from the program.
- **Cross Country:** Ranked in the Top 25% in your age group as reported by a website such as www.aauathletics.org www.athletic.net/CrossCountry or competed in a Regional or National Championship.
- **Dance:** The student must have placed in the top 10 at the national finals in group or solo divisions of the championship (top level division) at a nationally-recognized competition within the past 12 months prior to District application. The "top 10" is defined as placing first through tenth place, not top 10 percent, of competitions. No regional competitions will be accepted. Companies sponsoring national finals, such as but not limited to, Showstoppers, Showbiz, Star power, Starlight, KAR and Tremaine, would qualify. Verification of that placement must be on the sponsoring competition letterhead to document placement and competition date and location. Additional certification from the competing studio that the student was a soloist or in a competition routine will also be needed.
- **Diving:** The student must participate in the USA Diving West Spring Junior National Championships and qualify top 15 for the Summer Zone Championships. www.divemeets.com
- **Equestrian:** Must qualify for United States Equestrian Federation (USEF) rated shows and meet all membership and point requirements for each discipline entered. Must also have competed in a USEF rated show prior to the application submission. www.usef.org
- **Fencing:** The student must be in the top 20 in the Y-12 and Y-14 divisions and the top 32 in the Y-17 (Cadet) and Y-20 (Junior) divisions as determined by www.usfencing.org/ at either the regional or national levels.
- **Golf:** The student must participate in the PGA of Southern California Junior tour and be ranked in the top 15% of singles players in Southern California in his/her age group. www.scpqairtour.com
- **Gymnastics:** The student competes at USA Gymnastics Level 8-10 or Elite for gymnastics, tumbling and trampoline at regional or national meet competitions. www.meetscoresonline.com

- **Ice Skating:** The student must pass the intermediate level U.S. Figure Skating Tests (moves and freestyle). <https://www.usfigureskating.org/skate/test-structure> and <https://www.orangecountyfsc.org/testing>
- **Surfing:** Student competes in the WSA Prime, Regional Championships, and/or the NSSA Open and is ranked in the top 25% of their age group. Student will also qualify if they are invited to the USA Surfing Championships. www.nssa.org
- **Swimming:** The student must post three Age Group Championship qualifying times; compete at the official Age Group Championship Summer Meet as an individual, not a relay member, and make it to the semi-finals in at least one event. Alternatively, qualifying times must be at a AAA ranking or higher; or three AA rankings across three events; or equivalent measure indicating top 20% status. When Age Group Championship times are not available, please provide equivalent qualifying times and rankings with printouts showing "time standard" ranking. www.usaswimming.org
- **Tennis:** The student must be ranked 3-Star or better as determined by www.tennisrecruiting.net
- **US Archery:** Results from nationally-recognized events as reported at <http://www.teamusa.org/USA-Archery>
- **Wrestling** - Competed in a Regional or National Championship or ranked in the Top 25% in your age group as reported by a website such as: www.scway.org/page/show/1317850-scway-kids-state-rankings OR www.ccsrank.com/statedata.html

PLACENTIA-YORBA LINDA UNIFIED SCHOOL DISTRICT

INDEPENDENT STUDY – PHYSICAL EDUCATION

INDIVIDUAL PE PLAN

(to be completed by the parent/guardian, coach/instructor, and student)

Student's Name _____ Telephone Number _____

Address _____

School Year _____ School of Residence _____ Universal Sports Institute _____

Sport/Activity _____

Name of Coach/Instructor _____

Group/Club Affiliation _____

This Independent Study – Physical Education Program applies to students in grades 6-12 who have demonstrated a level of expertise that places the student on at least a regional, state, national or Olympic track within the last 12 months. Verification of the applicant's abilities or achievements is required.

a. Evidence of Achievement: Please attach to this document a statement on official letterhead identifying the classification levels of the governing body and where the student ranks within those levels (see Exhibit A).

b. Statement of Reason(s) for Requesting Independent Study – Physical Education:

c. Please list a minimum of three mid-year goals which are aligned with the *California Physical Education Standards* (attached):

- d. Please list a minimum of three year-end goals which are aligned with the *California Physical Education Standards* (attached):

- e. Statement or list of daily activities by which the student will achieve the midyear and year-end goals:

Name of coach, trained specialist, instructor: _____

Title: _____

Credentials/Qualifications: _____

Plan completed by _____

Student's Signature _____

Parent/Guardian Signature _____

Coach/Instructor Signature _____

Plan approved by Principal/Assistant Principal

☐

Yes

☐

No

Signature of Principal/Assistant Principal _____

Please Retain a Copy for Your Records

PLACENTIA-YORBA LINDA UNIFIED SCHOOL DISTRICT

CALIFORNIA PHYSICAL EDUCATION STANDARDS

Please use the California State Standards listed below to help in creating your Individual Plan. Click the following link for an expanded list of the [California Physical Education Standards](#).

➤ **Grade Three**

- Standard 1: Students demonstrate the motor skills and movement patterns needed to perform a variety of physical activities.
- Standard 2: Students demonstrate knowledge of movement concepts, principles, and strategies that apply to the learning and performance of physical activities.
- Standard 3: Students assess and maintain a level of physical fitness to improve health and performance.
- Standard 4: Students demonstrate knowledge of physical fitness concepts, principles, and strategies to improve health and performance.
- Standard 5: Students demonstrate and utilize knowledge of physiological and sociological concepts, principles, and strategies that apply to the learning and performance of physical activity.

➤ **Grade Four**

- Standard 1: Students demonstrate the motor skills and movement patterns needed to perform a variety of physical activities.
- Standard 2: Students demonstrate knowledge of movement concepts, principles, and strategies that apply to the learning and performance of physical activities.
- Standard 3: Students assess and maintain a level of physical fitness to improve health and performance.
- Standard 4: Students demonstrate knowledge of physical fitness concepts, principles, and strategies to improve health and performance.
- Standard 5: Students demonstrate and utilize knowledge of physiological and sociological concepts, principles, and strategies that apply to the learning and performance of physical activity.

➤ **Grade Five**

- Standard 1: Students demonstrate the motor skills and movement patterns needed to perform a variety of physical activities.
- Standard 2: Students demonstrate knowledge of movement concepts, principles, and strategies that apply to the learning and performance of physical activities.
- Standard 3: Students assess and maintain a level of physical fitness to improve health and performance.
- Standard 4: Students demonstrate knowledge of physical fitness concepts, principles, and strategies to improve health and performance.
- Standard 5: Students demonstrate and utilize knowledge of physiological and sociological concepts, principles, and strategies that apply to the learning and performance of physical activity.

➤ **Grade Six**

- Standard 1: Demonstrate motor skills and movement patterns needed to perform a variety of physical activities.
- Standard 2: Demonstrate knowledge of movement concepts, principles, and strategies as they apply to learning and performance of physical activities.
- Standard 3: Assess and maintain a level of physical fitness to improve health and performance.
- Standard 4: Demonstrate knowledge of physical fitness concepts, principles, and strategies to improve health and performance.
- Standard 5: Demonstrate and utilize knowledge of psychological and sociological concepts, principles, and strategies as applied to learning and performance of physical activity.

➤ **Grade Seven**

- Standard 1: Demonstrate motor skills and movement patterns needed to perform a variety of physical activities.
- Standard 2: Demonstrate knowledge of movement concepts, principles, and strategies as they apply to learning and performance of physical activities.
- Standard 3: Assess and maintain a level of physical fitness to improve health and performance.
- Standard 4: Demonstrate knowledge of physical fitness concepts, principles and strategies to improve health and performance.
- Standard 5: Demonstrate and utilize knowledge of psychological and sociological concepts, principles, and strategies as applied to learning and performance of physical activity.

● **Grade Eight**

- Standard 1: Demonstrate motor skills and movement patterns needed to perform a variety of physical activities.
- Standard 2: Demonstrate knowledge of movement concepts, principles, and strategies as they apply to learning and performance of physical activities.
- Standard 3: Assess and maintain a level of physical fitness to improve health and performance.
- Standard 4: Demonstrate knowledge of physical fitness concepts, principles, and strategies to improve health and performance.
- Standard 5: Demonstrate and utilize knowledge of psychological and sociological concepts, principles, and strategies as applied to learning and performance of physical activity.

● **High School**

- Standard 1: Demonstrate knowledge and competency in motor skills, movement patterns and strategies needed to perform a variety of physical activities.
- Standard 2: Achieve a level of physical fitness for health and performance while demonstrating knowledge of fitness concepts, principles, and strategies.
- Standard 3: Achieve a level of physical fitness for health and performance while demonstrating knowledge of fitness concepts, principles, and strategies.

PLACENTIA – YORBA LINDA UNIFIED SCHOOL DISTRICT**INDEPENDENT STUDY – PHYSICAL EDUCATION****CONTRACT**

Student's Name _____ Date _____

School of Residence _____ Grade _____

Sport/Activity _____ Group Affiliation _____

The above-named student has requested the opportunity to participate in a physical activity as an alternative to a regular physical education class or program. The following are terms of this Contract:

1. The student applicant is enrolled in grades 6-12 at a comprehensive school in the Placentia-Yorba Linda Unified School District or grades 3-12 in the Universal Sports Institute at Parkview School.
2. The student applicant agrees to meet all terms of this Contract, the student's Individual Plan, and the policy, regulations, and procedures of the Placentia-Yorba Linda Unified School District.
3. The student applicant agrees that the failure on the part of the applicant, applicant's parents, coach, instructor, or trained specialist to meet any terms of the Contract and the applicant's Individual Plan may result in the termination of this Contract.

We have read and agree with the conditions within this Contract.

Applicant's Parent/Guardian _____ Date _____

Applicant _____ Date _____

Coach/Instructor _____ Date _____

Principal or Designee _____ Date _____

**RELEASE OF LIABILITY AND WAIVER OF CLAIMS
PRIVATE INSTRUCTION IN PHYSICAL EDUCATION**

I, having legal custody and authority, do hereby grant permission for the student listed above to participate in private instruction in physical education as described in the accompanying documents. I understand that this program is not conducted by, or supervised by, any employee, agent or representative of the Placentia-Yorba Linda Unified School District. I hereby waive all claims against the District, its agents or representatives, the County of Orange, and the State of California for injury, accident, illness, or death occurring during, or by reason of, this activity or while in transit.

Signature of Parent/Guardian _____ Date _____

Placentia-Yorba Linda Unified School District Policy prohibits any person from participating in Private Instruction in Physical Education without proper completion and execution of this Contract.

Failure to meet these terms may result in forfeiture of the privilege of the program.

Please Retain a Copy for Your Records

PLACENTIA-YORBA LINDA UNIFIED SCHOOL DISTRICT

INDEPENDENT STUDY – PHYSICAL EDUCATION

ACTIVITY LOG

Student _____ Grade _____ Semester/Quarter _____ Year _____

Beginning and ending dates of reporting period: From _____ To _____

Submitted to principal or principal's designee by _____

ACTIVITY:

[illegible]

Coach/Instructor Signature _____ Date _____

Principal Verification of Guidelines Met	Date
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After principal's evaluation, file Activity Log with student's Independent Study Plan at the school site.

Failure to submit Independent Study Activity Logs may result in removal from program.

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PLACENTIA – YORBA LINDA UNIFIED SCHOOL DISTRICT**INDEPENDENT STUDY – PHYSICAL EDUCATION****PERFORMANCE EVALUATION REPORT**

Student's Name _____ Date _____

School of Residence _____ Grade _____

Sport/Activity _____ Governing Body _____

Grade/Hours Verification: I certify that the above student has received _____ hours of instruction time between the dates of _____ and _____. This instruction time meets or exceeds the time requirements established in law and/or district policy.

Grade Issued: PASS ☐ FAIL ☐Has this evaluation been discussed with the student and parents? Yes ☐ No ☐

Please address the student's performance in each of the following areas; be as complete and specific as possible.

1. Describe the student's progress toward successful completion of midyear and year-end goals aligned with the California Physical Education Standards:

2. The student's work and effort during the evaluation period have been (please check one):

Outstanding ☐ Satisfactory ☐ Needs Improvement ☐ Unsatisfactory ☐

3. Additional Comments _____

Coach/Instructor: _____ Date: _____

Coach/Instructor Signature _____

*Must be submitted 5 days before the end of each grading period.
Missing or late evaluations may result in forfeiture of the privilege of the program.*

Please Retain a Copy for Your Records